Magic Brite ™
COMPLETE TEETH
WHITENING KIT
Recommended by Leading Dentists


The Magic Brite Teeth Whitening Kit removes stains from teeth caused by coffee, tobacco, wine, food coloring, medication, aging and other causes related to tooth discoloration. Whitening products will not whiten any existing dental restorations such as fillings, crowns, veneers, bridges.

**IMPORTANT!** Cutting and molding the trays to fit your teeth is the most important step. The whitening gel will only work in firmly molded trays custom fit to your teeth. Poorly molded, lose fitting trays will not whiten your teeth and can cause the gel to leak on to your gums causing gum irritation that can last up to 48 hours. Please use caution when applying whitening gel.

**Warning:** Do not use this product if you are under the age of 18. Do not use if you have overly sensitive teeth or if you have decayed or loose teeth. Do not use if you are pregnant or lactating. Do not use if you are allergic to the ingredients listed. This product should only be used to whiten natural teeth.

You can whiten your teeth from the comfort of your own home any time of the day or night in 8 easy steps!

1. **Protect Lips with Vitamin E Swab**
Snap open the end of the cotton swab marked with a red ring. The Vitamin E will dispense from the other swab end. Rub swab on lips. This will protect and moisturize your lips during the whitening process.

2. **Practice Makes Perfect**
This is the pre-molding step without water. Place the tray over the upper teeth before placing the tray in hot water. Practice placing your tongue on the roof of your mouth and touching the inside of the tray.
Suck the air out of the tray. This will make the trays fit tighter and contour to the inside surface of the teeth. When finished with upper tray, repeat with lower tray. Take your time with this step.

3. Add Hot Water
In a small pot, bring 4” water to a boil. Remove pot from heat and wait a few minutes for water temperature to cool down. Holding the tray by the safety tab, submerge the tray in hot water for 5-8 seconds. This will make the tray very pliable and ready to mold. Do not twirl trays in water. This can cause trays to stick together or fold onto each other.

4. The Fitting
Lift the tray vertically from the water using the tab. Quickly and carefully place the tray around the teeth and then immediately perform the procedure outlined in step 2. Use your fingers to help mold the trays. You can repeat these steps several times.

5. Custom Fitting Trays
Once you are satisfied with the fit, cut the tab away from the tray with scissors, making sure it is flush with the front surface of the tray. The top of each tray can be trimmed if they are too deep for your teeth. Custom fitting your trays is very important. Do not trim too much away from trays at the risk of causing gel to leak onto gums. Whitening gel can cause gum pain and irritation that can last up to 48 hours.
6. Whitening Gel

Place a very small bead of gel per tooth on the inside front portion of the tray for the front 8-9 teeth (5cc or less per tray). Be careful not to overload trays with gel. Insert the trays very carefully keeping the gel only on the teeth and away from the gums. If you feel the gel on your gums, remove trays and rinse your mouth. There is plenty of gel to start over and for many future applications. Limit your first session to 2 minutes and increase duration of sessions up to 15 minutes. Clean trays after every use.

7. Accelerator Light

After the gel filled trays are securely fit onto your teeth, place the accelerator light in front of the trays. Press the white button to turn on. The light has a preset timer and will automatically turn off at the end of each session. You can extend the light session by pressing the white button to reactivate the light. Note: There is a protective clear sticker under the batteries. The light will not work until the sticker has been removed.

8. Completing the Process

After completing each whitening session, take a toothbrush and gently wipe away any excess gel that remains on the teeth and gums to prevent any possible irritation. Rinse excess gel from your toothbrush. Whitening sessions can be done every other day until you reach desired results. Discontinue use for 3-5 days if you experience sensitivity or irritated gums.