

BLUETOOTH BATHROOM SCALE

BLS-7361

Instruction Manual



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Introduction

The Bally Total Fitness BLS-7361 Bluetooth Bathroom Scale features the latest in digital sensor technology, providing precise weight measurements year after year. The Bluetooth function sends your weight measurements to your mobile device, and the app helps you track your weight and monitor progress. The extra durable, tempered safety glass is built to withstand weight up to 400 lb. Please read this manual first before using this device in order to get best results.

Intended Use

The Bally Total Fitness BLS-7361 Bluetooth Bathroom Scale is a home fitness product only and it is not intended to serve as a substitute for the advice of a physician or medical professional. Do not use this device for diagnosis or treatment of any health problem or disease. This is not a medical device.

Package Contents

1. Bally Total Fitness BLS-7361 Bluetooth Bathroom Scale
2. User's Manual With Warranty Information

Features and Specifications

- Bluetooth Scale Sends Readings To Your Mobile Device
- App Records Weight And Monitors Progress
- Equipped With High Precision Sensors
- Tempered Safety Plate Glass Platform
- Stores Data For Unlimited Users
- Weight Capacity: 400 lb / 180 kg
- Choice of Weighing Modes : Pound (lb), Kilogram (Kg)
- Graduation: 100g / 0.2lb / ¼ lb
- Automatic Zero Resetting
- Automatic Switch Off
- Overload Indicator
- Power Supply : 1 x CR2032 lithium battery

NOTE: *Please remove the insulation tab from the battery contacts before using.*

Using Your Scale

1. Select the weighing mode (Lb/kg) by pressing the button located on the back of the scale.
2. Place the scale on a firm, flat and even surface to ensure accuracy.
3. Step on the scale, positioning your feet evenly on the platform.
4. Once your weight is displayed on the display screen, the scale will automatically turn off after 6 seconds.

Overload indicator

When **“OL”** is displayed on the LCD screen it indicates that the maximum weight has been exceeded.

Low battery indicator

When **“LO”** is displayed on the LCD screen you should install a new batteries.

Replacing Batteries

1. Open up the battery compartment located underneath your scale.
2. Insert 1 CR2032 battery, making sure to place it with the correct polarity (+,-) as indicated on the battery compartment.

Battery Safety Advice

Always –

1. Use CR2032 lithium batteries only.
2. Make sure that the battery compartment is secure.
3. Insert battery correctly, with the + (positive) and - (negative) polarities matching the polarities indicated in the battery compartment.
4. Store unused batteries in their packaging and away from metal objects that could cause a short circuit.
5. Remove a dead battery from the scale immediately.
6. Remove the battery from the scale if it will not be used for a prolonged period of time.
7. Keep loose batteries away from young children.
8. Seek medical advice if you believe a battery has been swallowed.
9. Never dispose of batteries in a fire.

Advice for Use and Care

1. Place your scale on a flat, hard surface. Carpeted or uneven floors may affect measurement accuracy.
2. The surface of the scale will be slippery if wet. Keep it dry.
3. Clean after use with a lightly damp cloth, do not use solvents or immerse the scale in water.
4. Avoid overloading the scale, as doing so can cause permanent damage.
5. Do not store the scale in an upright position when not in use as this will drain the battery.
6. Avoid excessive impact or vibration to the unit.

Using Your Scale As A Bluetooth Device

Your scale can be used as a Bluetooth device, compatible with most iPhone/iPad/Android phones or tablets which support Bluetooth 4.0. As your scale is compatible with a countless number of Bluetooth devices, and the directions might vary slightly when using with each device, for the sake of brevity, the instructions below will show how to use your scale with a device running Apple iOS.

1. Make sure your device has a working WiFi connection.
2. Download the Bally Total Fitness BLS-7361 app from the App Store. (Android users go to the Google Play store)
3. Proceed to install the app.

Bally Total Fitness BLS-7361 app compatibility

iOS 6.0 or higher

iPhone 4S, 5, 5S, or newer

iPad mini, mini 2, or newer

New iPad, iPad 4, or newer

Android 4.3 or higher

Samsung Galaxy S3, S4, or newer

Samsung Note 2, 3, or newer

LG Nexus 5 or newer

And many other Android devices

Running the Bally Total Fitness BLS-7361 App

Before running the Bally Total Fitness BLS-7361 App, make sure that the Bluetooth function on your phone/tablet is turned on. Then press the Bally Total Fitness BLS-7361 App to start the application.

Selecting A User Profile

Once you run the Bally Total Fitness BLS-7361 App, you can select a user profile, which will store your weight and personal information. You can swipe your screen to the left or right in order to choose a different user profile, or to add a new user profile. Press the red plus sign on your screen to add your profile, and fill out the information needed. If you would like to use the email functions of the app, please remember to add your email address.



Using The Bally Total Fitness BLS-7361 App To Measure Weight

1. Make sure that the Bluetooth setting on your phone/tablet is turned on.
2. Place the scale on a firm, flat and even surface to ensure accuracy.
3. Stand on the scale, with your feet an even distance apart.
4. Your weight will be calculated on the scale's LCD display screen, and shown on the app.
5. You now have the option to save or clear the data.



History

All previously recorded and saved measurements can be accessed from the History tab at the bottom of the app screen. Each user profile will have its own history. The information is ordered by date and time, and displays your weight measurement and BMI reading. You can also view this data in calendar format by pressing on the calendar icon to the right of the user profile name. To email your measurements, press the email icon on the top right of the screen.

The screenshot displays the 'History' tab of the Bally Total Fitness app. At the top, there are navigation icons: 'Edit', 'History' (active), an email icon, a back arrow, 'History', 'Calendar', and the Bally logo. Below the navigation bar, the user's name 'Mike' is shown next to a calendar icon. The main content area is divided into two sections. The left section is a table of measurements, and the right section is a calendar view for April 2015.

TIME AND DATE	Weight LB	BMI
10:44AM, April 22, 2015	211.6 LB	27.9
8:39AM, April 22, 2015	210.5 LB	27.8
8:39AM, April 22, 2015	210.5 LB	27.8
2:17PM, April 8, 2015	214.5 LB	28.3

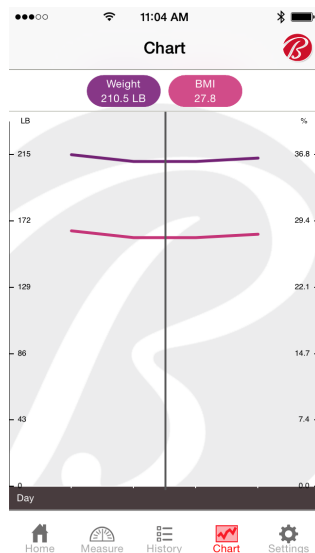
The calendar view on the right shows the month of April 2015. The date April 22nd is highlighted in red. Below the calendar, there is another table of measurements for the same dates as the left section.

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At the bottom of the screen, there is a navigation bar with icons for 'Home', 'Measure', 'History' (active), 'Chart', 'Settings', 'Home', 'Measure', 'History' (active), 'Chart', and 'Settings'.

Chart

To view your weight loss progress in an easy to read chart, press the Chart tab at the bottom of the app screen. Two lines will show your measurement history for weight and BMI. You can pinch to zoom in or out of the chart.



Troubleshooting

Problem/Symbol	Cause	Solution
OL	Overload	Do not put more than 400lbs on scale.
LO	Battery power is too low	Replace the battery.
No power	Battery power is depleted	Replace the battery—refer to Inserting Battery section of manual.
Inaccurate readings	Unstable surface	Ensure your scale is placed on a hard, level surface. Do not use on a carpeted floor or a rug.

Regulatory Notices


This device complies with the part 15 of the FCC rules. Operation is subject to the following two conditions:(1) this device may not cause harmful interference , and (2) this device must accept any interference received, including interference that may cause undesired operation.

Caution: Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment may generate and radiate radio frequency energy, if not installed properly or used in accordance with instructions. May cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on. The user is encouraged to try to correct the interference by one or more of the following measures:

- ___ Reorient or relocate the receiving antenna.
- ___ Increase the separation between the equipment and receiver.
- ___ Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- ___ Consult the dealer or experienced technician for help.



 The product is made conforming with all the applicable European regulations.



DISPOSAL

The device (including its removable parts and accessories) must not be disposed of together with municipal waste at the end of its life, but in compliance with European Directive 2002/96/EC. Since it must be handled separately from household waste, either carry it to a separately-collected waste disposal center for electrical and electronic appliances or give it back to the retailer on purchasing a new device with the same purpose. Any infringement will be severely prosecuted.

NOTE: Specifications and designs are based on the latest information available at the time of printing and subject to change without notice.

Sakar Warranty Card

Sakar Warranty

This warranty covers the original consumer purchaser only and is not transferable.

This warranty covers products that fail to function properly UNDER NORMAL USAGE, due to defects in material or workmanship. Your product will be repaired at no charge for parts or labor for a period of one year.

What is Not Covered by Warranty

Damages or malfunctions not resulting from defects in material or workmanship and damages or malfunctions from other than normal use, including but limited to, repair by unauthorized parties, tampering, modification or accident.

What to Do When Service Is Required

When returning your defective product (postage pre-paid) for service, your package should include:

1. Copy of original bill of sale
2. A detailed written description of the problem
3. Your return address and telephone number (daytime)

Mail to the Address Below:

In the U.S.

Sakar International
Attention: Service Department
195 Carter Drive
Edison, NJ 08817

In the U.K.

Sakar UK
2D Siskin Parkway East
CV3 4SU, UK

You may also visit sakar.com for further assistance if necessary or call our technical support department toll free at 1-877-397-8200 in the US, or 0-800-917-4831 in the UK.

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