

Paninis



\$7.99

Caprice Classic

Mozzarella, Roma tomatoes, fresh basil olive oil, italian seasonings

Turkey Day

provolone & American cheese, whole berry cranberry, & sliced turkey breast

Ham & Apple Wow

havarti, American cheese, whole berry cranberry & black forest ham

Rueben

Swiss cheese, sliced corned beef, Sauerkraut, thousand island dressing on marble rye

Tony Montana (cuban)

Swiss cheese, black forest ham, pickles & mustard

Avocado Bravado

Swiss, avocado, lettuce, tomato, cucumber, red onion, honey mustard

Vegan Burger

\$8.99

Vegan cheese, boca, lettuce, tomato green pepper, cucumber, honey-mustard

Grilled cheese PLZ

4.50

Your choice of any of our cheeses mix and match for a delicious gourmet sandwich.

BB Q chicken panini

mix provolone, and onions, and delicious pulled bbq chicken on a French hogie roll

New Zealand Bistro

Havarti cheese, house kiwi chutney, sliced turkey breast on French bread

Cold drinks

Lemonade

Fresh squeezed

Italian Soda

Old fashioned cream sodas
Check which flavors

Iced Tea

Coke

Diet coke

Sprite



Cappuccino

Mocha

Latte

Cafe au lait

Machiato

Hot chocolate

Chai

Double espresso

Americano

Appetizers



\$5.00

Hummus & pita chips

House made!

Stuffed grape leaves

All vegetarian

Peanut butter bam

Peanut butter, nutella, strawberries, Bananas, cranberries, almonds toasted on 12 grain

Slapple

Sliced gala apples to dip in nutella!

Jasmine rice

Fragrant jasmine rice with soy sauce
And sesame seeds

Cheesy rice

Jasmine rice with cheddar and butter

Bowl of Strawberries

Wraps



\$6.99

Jive Turkey

Turkey, provolone, organic lettuce mix, tomato, honey mustard,

Very veggie

Avocado, swiss, organic lettuce, mix, tomato, cucumber, carrots, green pepper, red onion, balsamic vinegret

Breakfast wrap

choice of any of our cheeses
Scrambled egg, turkey or ham

Salad wrap

Your choice of any of our salads made into delicious wrap!

Salads



Pasta Salad

Tri colored rotini, tomato black olives, artichoke hearts, red onion, cucumbers, green peppers, shredded parmesan cheese

Slammin Salmon

Organic lettuce mix, strawberries, red onion, almonds, dried cranberries, house raspberry vinegrette

Awesome Greek

What makes this Greek salad awesome? All the veggies! then we add feta cheese and calamata olives

Fresh Garden

Avocado, swiss, organic lettuce, mix, tomato, cucumber, carrots, green pepper, red onions

Super Fruit

kiwi, strawberries, bananas, grapes, dried cranberries, topped with almonds

Chef

Avocado, organic lettuce mix, Roma tomatoes, green peppers, cucumbers, onions, topped with Turkey and shredded cheddar